

Gastineau Channel Little League

Sandlot Baseball/Softball Mitigation Plan Summary Information

Page numbers are from the complete Mitigation Plan created by Alaska Little League

II. Implementation

a. Enforcement (Page 1):

- i. The League will post their mitigation plan onto their website along with at the field.
- ii. At the entrance onto the fields they will have hang a sign stating:
“Anyone entering this field agrees not to participate in any activities if they:
 1. Are exhibiting the current CDC recognized symptoms consistent with COVID-19.
 2. Have knowingly been in contact with a suspected or positive case of COVID-19 within the past 14 days,
 3. Are within 72 hours of exhibiting significant COVID-19 symptoms or a fever,
 4. When recovering from a case of COVID-19, are less than 14 days from onset or less than 72 hours since the end of significant symptoms or fever, and
 5. Have not been in the state for 14 days symptom free as long as Health Mandate 10.1 - International and Interstate travel – Order for Self-Quarantine is in effect.”

The league’s mitigation plan is behind this notice and can be found on our website (www.juneaulittleleague.com).”

c. Symptomatic Individuals (Page 2):

- i. Any manager, coach, player, volunteer or parent who exhibits symptoms of illness or contracts COVID-19 (coronavirus) may not participate in any games.
- ii. Any manager, coach, player, volunteer or parent must be medically cleared prior to being allowed to return to practices or games.
- iii. Any manager, coach, player, volunteer or parent is required to inform their local league if they do become sick within 7 days of participating in a game so that other league members can be informed that a fellow league member became sick and they should monitor for symptoms and practice recommended social distancing measures.
 1. If a local Little League receives notification of a manager, coach, player, volunteer or parent has been identified as being COVID-19 positive by testing, they will make notification to their League members with a letter.

V. Little League Game Mitigation Plan

a. Facility, Fan, and Administrative Guidance (Page 5):

- ii. Spread out Scheduling of Games:

- c. Players/families/spectators are instructed **NOT** to show up to fields more than 40 minutes before game time.
- f. If there is a game prior, families and spectators are encouraged to stay in their vehicles or at recommended social distances until the start of their game play to prevent overcrowding of spectator spaces and walkways.
- g. On-field warm-up should be limited as much as is reasonably possible and no more than 30 minutes.

iii. Limiting Spectator Attendance:

- a. All spectators should follow best social distancing practices — stay six feet away from individuals outside their household; wear a cloth face covering; avoid direct hand or other contact with players/managers/coaches during play.
- c. Spectators should bring their own seating or portable chairs when possible
- e. A spectator with any of the following conditions should not attend a practice or game until evaluated by a medical provider and given clearance to do so:
 - i. Active COVID-19 infection
 - ii. Known direct contact with individual testing positive for COVID-19
 - iii. Fever
 - iv. Cough

iv. Public Restrooms:

- a. Access to public restrooms should be limited if possible.
- b. A “one-in-one-out” policy, where only one individual is permitted within the restroom at one time, should be implemented to ensure adequate distancing in the confined restroom space.
- c. Prior to and after any league activity, restrooms should be thoroughly cleaned and disinfected per the facilities mitigation plan (Bathrooms will be cleaned once a day in the morning by the CBJ Field Crew)

b. General On-Field Guidance (Page 6):

i. No Handshakes/Personal Contact Celebrations:

- a. Players and coaches should take measures to prevent all but the essential contact necessary to play the game. This should include refraining from handshakes, high fives, fist/elbow bumps, chest bumps, group celebrations, etc. Local leagues should

have teams line up outside the dugout and tipping caps to the opposing team as a sign of good sportsmanship after a game.

- b. Players and families should vacate the field/facility as soon as is reasonably possible after the conclusion of their game to minimize unnecessary contact with players, coaches, and spectators from the next game, ideally within 15 minutes.

ii. Drinks and Snacks:

- a. Players, managers/coaches, and umpires should bring their own personal drinks to all team activities. Drinks should be labeled with the person's name.
- b. Individuals should take their own drink containers home each night for cleaning and sanitation or use of disposable bottles.
- c. There should be **NO** use of shared or team beverages.
- d. Teams should **NOT** share any snacks or food. Players should bring individual, pre-packaged food, if needed.

iii. Personal Protective Equipment:

- a. All managers/coaches, volunteers, umpires, etc., should wear PPE whenever applicable and possible, such as cloth face coverings and protective medical gloves.
- b. Players should wear cloth face coverings when in close contact areas and in places where recommended social distancing is challenging or not feasible, such as in dugouts.
- c. Players should not wear protective medical gloves on the field during game play.
- d. Players, especially at younger divisions, are not required to wear a cloth face covering while on the field during game play.

NOTE: Players will be permitted to wear a cloth face covering on the field during game play, if physically able to do so, based on any directive of a medical provider or individual determination of the player/parent/guardian.

iv. Dugouts:

- b. Players are to stay at their assigned spots when on the bench or while waiting their turn to bat.
- c. Players and managers/coaches should wear a cloth face covering while in the dugout.

v. Player Equipment:

- a. **NO** personal player bat bags/equipment bags should be allowed **in the dugout**. Player equipment should be spaced accordingly outside the dugout (or in the stands) to prevent direct contact.

- b. Players should have their own individual batter's helmet, glove, bat, and catcher's equipment. NOTE: GCLL will provide helmets, bats, and catcher's gear if needed.
 - c. Some critical equipment may not be able to be obtained by every individual. When it is necessary to share critical or limited equipment, all surfaces of each piece of shared equipment must be cleaned first and then disinfected with an EPA-approved disinfectant against COVID-19 and allowed sufficient time to dry before used by a new player. Increased attention should be paid to detailed cleaning of all equipment directly contacting the head and face (catcher's mask, helmets).
 - d. Player's equipment (e.g. bags, helmets, bats, gloves, etc.) should be cleaned and disinfected after each use by a parent/guardian/caretaker, where applicable.
 - e. Individuals disinfecting equipment are encouraged to use gloves while using disinfectants and follow the manufacturer's directions for use. All disinfectants should be stored properly, in a safe area, out of reach of children.
- vi. Baseballs and Softballs:
 - a. Baseballs and softballs should be rotated through on a regular basis, at least every two innings, to limit individual contact.
 - d. Foul balls landing outside the field of play should be retrieved by participating players, coaches, and umpires. **No spectators** should retrieve the ball.
- vii. Spitting, Sunflower Seeds, Gum etc.:
 - a. Sunflower seeds, gum, etc., should not be allowed in dugouts or on the playing field.
 - b. All players and coaches are to refrain from spitting at all times, including in dugout areas and on the playing field.
- e. LITTLE LEAGUE SANDLOT GAMES (Page 9):
 - i. While activities should be player-led; the adult volunteers overseeing Little League Sandlot event should provide a thorough overview of appropriate mitigation efforts within this plan and are responsible for ensuring these guidelines are followed.